


Title **Girl to Woman - New Revised (04128)**
Physical 16 minutes
Copyrighted 1976
Distributor Churchill Films (CF)
Audience Intermediate, Junior High (IJ)
Synopsis An important film for girls dealing with human growth and development during the turbulent change from girlhood to womanhood. Describes the male reproductive system as well as that of the female. A scientific and authoritative treatment of a sensitive subject, produced under medical and psychiatric supervision. A companion film to boy to man. Extensive animation.
Subjects Guidance; Sex Education
Holdings  Video Tape Head Office, 1 copy
1/2" (VHS)
Reference Users of this title also used:
Boy to Man - New Revised (03726)

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"Girl to Woman" Video

Concepts provided-

- Changes physically, including: sweating, hair in arm pits and pubic area, developing of breasts, widening of hips, menstrual period, height, clumsiness
- Changes emotionally, including: mood swings, thoughts on boys, lack of self-confidence, embarrassment
- Discusses how to take care of yourself once these changes begin, example: eating healthy, exercising, bathing regularly
- Starting menstrual cycle: what the concept means, why it happens, what to do when it happens
- Shows an outlined picture of the anatomy of a woman identifying the changes that girls go through and speaks of how these changes relates to having a baby, but does not get into the idea of sexual relations. This includes vagina, ovaries, pelvis region, clitoris, eggs...
- Shows a picture of the anatomy of boys identifying the changes that boys go through to emphasis that boys are also going through changes during this time. This includes penis, sperm, urethra...
- Masturbation, or touching one's self, is briefly talked about as something that can take place and that it is normal to have those feelings
- Movie emphasizes that changes take place at different times for different individuals

Title **Boy to Man - New Revised (03726)**


Physical 16 minutes

Distributor Churchill Films (CF)

Audience Intermediate, Junior High (IJ)

Synopsis Deals candidly with the secondary and primary sexual changes of adolescence in the male. Produced under medical and psychiatric supervision.

Subjects Guidance; Sex Education

Holdings  Video Tape Head Office, 1 copy
1/2" (VHS)

Reference Users of this title also used:
Facts for Boys - Body Human Series (10075)
Girl to Woman - New Revised (04128)
Human Reproduction (03507)
Healthy Teeth (2nd Edition) (11807)
Body Talk 2 - It's a New Language (14125)

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Boy to Man

Topics covered:

1. Changes to the body as a boy grows.
 - Acne
 - body odor
 - facial hair
 - body hair
 - voice change
 - physical growth rates
2. Wet dreams, erections and masturbation
3. Changes in attitudes towards girls
4. Menstruation
5. How conception occurs
6. How a baby is born

There are no pictures of sexual organs. There are diagrams and animations to teach the children about these topics.